



# The Songee Energy - Teachings

## F i n d i n g   t h e   T r u t h

THE SECOND WELL TRUST presents 'Finding the Truth'  
A Teaching from Songee 10<sup>th</sup> June 2003

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(Please note the first mp3 has noise interference)

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*On the 10<sup>th</sup> June 2003 Roberta-Margaret begins the evening with an Opening Prayer. There are six people present. The aroma was Rosewood. Sulu Heartbeat Music played until Songee came to be with us.*

*(There is noise and fading volume through the first part of tape one, making it very hard to hear. A problem with the recorder was discovered when corrected sound quality improved.)*

## **PART ONE**

**Songee:** Greetings to you. What have you for I this night?

*I have a problem.*

**Songee:** A problem! Oh mayhap Songee go away.

### **Overcoming Procrastination**

*Discipline! How, how do I, be disciplined, how do I do the things that I feel I really need to do in my life. Every day I have two things at the moment that I would really, really, really need to do. And the day goes by and all these things happen and interruptions come and there's a million other things that I need to do and I get to the end of the day and I feel oh to do these two things now is too, I'm too exhausted...*

**Songee:** It's very good.

*They are lacking, that's right.*

**Songee:** Very good.

*But it hasn't achieved the things that I need to achieve these two special things for myself I need to achieve.*

**Songee:** So, first of all you have to ask yourself what are you avoiding needing for because this is procrastination...

*Exactly.*

**Songee:** ...and you are procrastinating for what reason, ah you answer it youself, you can. So you have to discover this thing for youself first. Is that not right? Because when you discover what is the procrastination about then you can do something about it. Usually procrastination comes out of some form of fear. Big fear, little fear matters not - it is fear. Fear that you might succeed, fear that you might not succeed. Fear that it is going to take longer than you imagine it. Fear that having put all that time and effort into it, it won't be successful, and so on and so forth. You can put many, many stories to your fear however, the result is the same.

*It doesn't happen.*

**Songee:** That is correct.

So first of all you have to decide is this procrastination, if so how are you going to change it. And then mayhap you have to say to everything else, you have to wait. This is of paramount importance and must be done this day. And then you set about making this time for this day and doing it. It is like the task that - have I got something I can give for you to describe it?

A moment please, ah that is very good - this comes from Soldier who is waiting and listening to what is happening. Soldier says that sometimes when out - what's this I not know that word - on manoeuvre, this is correct, that sometimes they have to make for themself the place to live for the night or for few days. In order to do this they have to dig a place to go to expel body fluids.

*Latrine.*

**Songee:** That's right. Nobody likes this job. Nobody wants to do it. However they are not allowed to procrastinate about it because it is a very important job that has to be done for everybody otherwise you have sickness. So they have in charge they have Sargent Major who says: You go, you go, you go, you go and you dig, you know. However you have to be you own Sargent Major to go make this thing happen for youself. Is that right.

So it may be that there is something about this thing you have to do that is a little distasteful to you. It is not exciting, perhaps. Some things you have to do is not exciting to do. Is that right?

*Mmm...*

**Songee:** And yet they have to be done. Is that not right? It's essential they be done for your health mayhap. Now it may be to do with the health of the physicality. It may be to do with the health of the mind. It may be to do with the health of the spirit or the health of the emotion. However it does not matter which one or all of which it is, it has to be done. So the Sargent Major inside you have to say, Now Little Mother you have to set aside time, what is the best time for doing this?

*I did this, I wrote a list.*

**Songee:** Ooh, however, whereabouts on the list was this thing of essential?

*Early, the first thing was early, the last thing was later on, before sleep.*

**Songee:** So is this thing that you doing requiring much energy?

*Yes and it also energises me as well.*

**Songee:** Therefore it is not sensible to do it just before you go to sleep.

*Ohh no no, not that, no there's two things. There's two things. One is the exercise thing and another thing is listening to a tape, so that's a quiet thing. The exercise thing I was attempting to put in the morning and the quiet thing at night before I go to bed.*

**Songee:** So we need to review the time that you are doing it and you also need to look at how it is that you are not ready to make your commitment to this, your procrastinations for these things. Follow the procrastination and find the fear. With success of anything there is a responsibility that comes along with it, no matter how big or small, there is always responsibility that come with success. This is a truth I give you because it is able to be applied to all manner of things in your life. Ponder on it for a moment.

When perhaps would any one of you aspire to achieve something for youself - what about other peoples? And when you aspire to do those things and you set about doing them you follow a pattern do you not, your development towards your success is that right? How do you feel at the end when you have your success?

*I was relieved. I was pleased of doing that.*

*Happy.*

*Encouraged.*

### **The Responsibility of Success**

**Songee:** Happy, encouraged, relieved...

*Proud.*

*Confident.*

**Songee:** Proud, confident, very good. And these are wonderful things. Now, with the achievement of these things look at what you were doing before. And look at what you now have looking to youself to be responsible for, for youself, is there more or less responsibility with those things? Would you go back to the way you were before you made your achievement? No, no. So you have come forward, have you not, and in coming forward you have made your achievement and have also acquired a new responsibility. You have a responsibility now to continue with that achievement, to continue the momentum of that achievement, is that right.

So you must continue with that achievement you not go backwards. Is that right? It is something that I say to you, this is a truth for you. And as I say to you many times I come to bring you truth. And when I tell you it is A Truth it is something that you can set against all of your life, you can test it for youself. You can find that it will be as true for one thing as it will be for another, it will be as true now as it was in time past as it will be in time to come. This is the nature of A Truth from Oneness, you know. This is not people truth this is Oneness Truth because it stands the test of time.

### **What is the Truth**

Many peoples in your World will give you many speakings and say, 'This is the truth, I am telling you the truth.' How do you know? How do you know what is the truth and what is not - it is by applying it to your daily living and applying it in all of instances in your life so that you may know whether or not it stands the test of time. In the event that it stands the test of time and the results are exactly the same now as they were last week and last moon ago then so on and so forth, you will know it will be the same the next moon and the next moon will come and so on and so forth. This is how you find this.

So the same discipline and information apply together to find (?) responsibility and then what energy is (?) required of you to continue that momentum. Having started it how are you (?) to continue (?) worrying about it, you may be a little afeared about it?

So the same will apply to management. So find the fear, find the ... (*Words cannot be heard in the static.*)

Then what energy will be required of you to continue that momentum. And you started it how are you going to (?) about it. You may be a little afeared about it. (?)

**Songee:** Because as you have all sayed differently you have gained some pleasure and something good from the achievement so when you wake up the little light, the candle goes on in your mind and illuminates this for you, then you will know that you have reached the point of application. You will be able to do this thing without procrastinating any longer. Is that right. This is not just for you, this is for all peoples. So it is very good you ask this question.

*While I was talking to a friend of ours in Christchurch last night, she was having the same bother with a different, different area.*

**Songee:** So all the more reason for everybody to ask question because it is not just one peoples, it is for all peoples to know is it not. And the purpose of us coming to love is to share our knowledge with each other and find ways of managing the life in a better and productive way, in peace, harmony, is that right. Not always very easy for you however it is very important.

What else is there?

*I would like to ask how do we come to terms with, the how that one of the persons once that are close to us? How do we accept this? And certainly when we can't do anything to it to change it?*

**Songee:** That is very difficult is it not, and it is a very large question, a very large question.

I have given many different speakings about this kind of thing, to different peoples at different times. And many of those speakings include the knowledge of Karma. You understand about Karma?

Yes, yes...

**Songee:** A life that is lived to complete a journey of debt, an you will.

So. Everybody is linked. That's the first thing that needs to be understood. Everybody is linked, no man is an island, you know, unto themselves. What happens to one will be reflected upon another. Hatred within one will reflect out and will cause disharmony, and disease among those around them.

Now in the wordings of the Prophets of many moons ago, there is a saying and that is – 'If thine eye offends thee, pluck it out.' You know. And this was how it was conceived to be, and then The One came to walk on the earth, The One you know as Jesus<sup>1</sup>, you know...

Yes.

**Songee:** ...came to walk on the earth and taught a different message to you all, and this was not to take the eye out, it was to love. Even though others may do you harm and do you a great disservice, you are counselled and called upon by Oneness and by Jesus - to love. This does not mean that you have to bow down and be trodden all over by their big feet, you know, it means that you continue to love them while resisting their negativity. Note I use this word negative, not evil, there is a little difference.

### **Whispers from the Lord of Chaos**

I'm going to digress slightly because there is a question that's come into your mind. There are many people from many different walks of life, from many different Facets of the Diamond, and all of them believe they are (*?walking the right path*). This is not wrong, it is not bad, it is not evil. What becomes evil is when the Lord of Chaos comes and whispers in the ears of these people and turns them from the true path. In all of the faiths of the world, all the different facets there is one path and one path only and it leads to one destination - Oneness. It matters not the name that is given to Oneness. That is the path from which all Facets (?).

However the Lord of Chaos comes and he is the voice of disharmony. He is not the voice of reason. He is the voice that disrupts and causes disharmony and chaos in the heart, in the mind and soul. And the good people that walk the path come to believe that this voice whispering in the ear telling them to do all manner of evil things, is coming from the Oneness power, you understand? And this is their delusion and emotion comes in to play, because they believe that they have Oneness Power on their side. They have the Right of 'Might' on their side, you know. And so they fight their great battles with this delusion. This is not so?

Oneness does not promote disharmony, does not promote chaos, does not promote killing of each other or maim of each other or destruction of each other - Oneness does not promote any of that – as it comes from the Lord of Chaos only. So no one peoples are going to be responsible because of the path they walk of faith. It is individuals within that path who become corrupted by the Lord of Chaos whispering all the time in their ear.

Have you heard the saying, 'Get thee behind me Satan' Have you heard this say?

When you hear the whisperings that come to you telling you all manner of dreadful things – this person has said this, that person has said this, you know that that person doesn't like you, you know that that person has going to do something bad to you, and so on and so forth. You may (*?succumb*) you find yourself listening to these words, and it may come out of the voice of a friend that you have or someone you consider friend, or a family member, you know, whispering to you coming out of their mouth.

Look at them with different eye and say, Oneness, Mother, Father, God - whatever you have, whatever your name is – Protect I, bring your Light to protect I, show I the truth of these words.

And then Oneness will show you the truth. They will let you hear the lies behind the words, will assist you to step aside and to look at this one and say, This is mischief. This is mischief. This is the Lord of Chaos speaking through this one deliberately to cause mischief. Then you say, Lord, Oneness drive the Lord of Chaos away from this one so that they may be free of this illusion.

And then on the physicality you say to them, Well brother sister I am very sad that you feel this way and that you've come by this information, it is a terrible burden that you carry. And mayhap in this way you can share your Light, and free them of this illusion and let them go their own way. And supposing they say to you, Well what are you going to do about it? And you can say, I shall pray for you. You know. They may not like it, however in this manner you can let them know that you are not (*?beholding to*) the Lord of Chaos and let them go their own way.

And you cannot be (?) the person who wants to cause difficulty (?) and their disharmony(?). You can help them, continue to pray for Healing Energies for their Karma to be done.

(*?What*) you are having is all the time you hear from them. It's a very painful place to be because your mind does not know what is true or not. Your heart is troubled, your emotions become out of balance, your physicality starts to feel very sick and your Spirit begins to lose its energy and for a little while you want to escape, to sleep. So the way to reverse it, is as I give.

*If you are dealing with the person or the persons who (*?wave*) it away, what they have done, close to you and are suppose to protect and when you see them as that.*

**Songee:** This is part of the Law of Karma there are certain (?) you can give your (*wave*).

And when the Lord of Chaos come whispering sometimes (?) and you pray, (*?to the*) one who has harm done to them to - once that is done the debt is paid.

I can explain it little more for you. I can give you example: In a life before (*?this one*) they go away, they come into this new life, and the man has come into this life as a woman, you know, and in this life, this child or this woman, is destined as part of Karma - be dishonoured. In the (*?previous*) life (*?to*) break the cycle. For one that has been dishonoured, the one that has seemingly been (?) has to look at the harm, they have to say to themself, What is it, what do I to benefit from this. You know. (?)

And then, and then the person says, I can't forgive, I have been done an injustice, you know? And this applies to anything, you know. I have (?) life begin, you understand? (?) and it is a gift (?) to physicality, (*?to*) emotions, to give you (?) mayhap, I mean it not to do this again. I can be strong, I can be an

example for other peoples who have had this happen to them. I can go and learn how to bring love and peace to others who have had this happen to them.

There are many things that this individual can do to make themselves strong in their Light, you know. And then they could say, Oneness, I want to say thank you, thank you to the one that did this to I, thank you for letting them be part of the Light that came to I this night so that I may learn these lessons and be strong in Light. And at the moment of this coming then will be the truth.

*Sorry about that.*

**Songee:** Would you like I to wait?

*Yes please Songee.*

*(A fault in the recording machine had been noticed and was put to rights.)*

**Songee:** I will wait. Mayhap we can make some soundings for some waiting.

*Life is all about waiting.*

**Songee:** Very often that is very true. Not helpful, however, very true.

*It's all fixed. Sorry to interrupt what you were saying.*

**Songee:** That's all right. You need to take deep breath inside of you now.

*Yes, there's a lot of people relying on these tapes. It was running on battery, which means that it would slowly fade away and then we would lose it.*

**Songee:** So are you content that all is well now?

*I hope so.*

**Songee:** Would you like to make sure, we can wait? Or are you OK?

*No, I'm OK with that.*

**Songee:** You're going to wait.

*I'm OK.*

**Songee:** That is alright. Only don't beat yourself up with big stick...

*No. Oh it happens doesn't it.*

**Songee:** ...don't do that to yourself. It transpires, unfortunately, from time to time that humankind do have these things happen and you have machines now which is very interesting. I won't digress. I'll come back to what I'm saying - otherwise I could digress about machines. I like machines.

**'Thank you'**

So we have this situation where the individual, it may take them many years you know, of earth time to come to this point, they have to go through a process of development you know before they can learn to say 'thank you' for this bad deed that was done. Most people in their mind would say, Oh my goodness how on earth can you say thank you to somebody for doing something so dreadful. Is that right?

Yes.

**Songee:** However the thank you, when it comes from the heart, when the individual truly has the insight and has learned the lessons and has discovered this bounty that has come from it then they say thank you from the heart, and they say thank you to Oneness. And as they do this, the Oneness Energy will flood down into their heart and into their body and they will be healed of all of their pain of that thing, and so they will shine like a Beacon of Light. And they will take that knowledge and go and pass it on to others.

Your task as protector can be to guide these ones along this path towards enlightenment, teaching all the way about love, about forgiveness, how forgiveness comes, how they can learn to work through each step of their journey because it is a journey they are on.

Once they have reached this point of enlightenment, the Cycle of Karma is broken and will be no more. This is how it is that The One of Jesús that came to walk among you say to you, 'I am the way, the truth and the light. I come to bring this to you, follow me, I will show you the way.' And the way is love - love, not hatred, not resentment - it is love. Learning to love all the lessons of life no matter how hard they may be. And that is not an easy task...

*It is difficult.*

**Songee:** ...it is a very difficult one, especially when it is somebody that you love yourself. However, you can help it, you can continue and assist people to make their journey by continuing to love, following the teaching of love, you know.

And the teaching of love - this teaching is in all of the Facets of the Diamond, are they not? It all has the same teaching - 'love each other', love everybody, even those that would do you harm, love them. And this is the source of it, learning how to love them. It doesn't say you have to 'like' them, you notice the difference. You don't have to like them to love them, there is a difference.

It mayhap be that you have different personalities, you can't possibly like somebody however you can love them anyway because they are Child of Oneness as you are a Child of Oneness and you love them without condition as a Child of Oneness, you know. Does that answer your question?

*Yes, thank you, it may be it difficult to...to do it.*

**Songee:** It is not easy. I not say anything of the teaching is easy however it is 'A Truth', it works. It takes a lot of earth time sometimes, it takes a lot of earth energy sometimes, however you do always have Oneness Power to come to assist you with whatever you need to do. You have only to ask for it.

*OK.*

*And patience.*

*(end of tape)*

**PART TWO**

*...most beautiful workings and it comes to what I said earlier life is all about waiting, it seems like, and patience helps with that.*

**In every season there is a time...**

**Songee:** However there is a time for standing still and there is a time for action and moving forward, is there not. In every season there is a time, in every season there is a time before God. So you need to

discern the season that you are in and the season that you are walking. For example: an you are in your season of winter you will be in a time of contemplation, a time of waiting.

Imagine, an you will, that you are in a small house in the mountain side somewhere and comes to the mountain side, the winter. And all around you are the great snows of the winter. Now supposing you have been very diligent, you will have set aside for youself, foodings for youself to carry you through this time. You will have prepared for youself enough fuel for you to have your fire to make you warm and keep you safe from getting cold. And all these manner of things you will have prepared for youself for this time.

Now take that into a deeper level of understanding. When you are in this place all by youself and there is snow all around you and no way out and no way in to where you are, how are you going to keep yourself occupied? How are you going to stop your mind from becoming unstable? How are you going to stop your spirit from getting lost?

All of these things you need to be able to be strong in yourself to face these months and months of time - all the moons that will pass by - by youself in this place of aloneness. Notice I say aloneness and not loneliness – aloneness. And you might say, I have to be patient. That is true you have to be patient. You have to wait until the Spring comes, until the snow thaws and goes away.

However while you are in this place you been require more than patience, you require strength, you require a very formidable strength of spirit to survive this manner of thing. You need to be able to survive it and be able to come out of the other side into the next season with your mind whole, your body whole, your emotions whole and your spirit whole.

This is a very large task and requires more than patience. It requires of you dedication, discipline, and it requires of you to love youself. So all of you when you had this time of winter, this is your winter sometimes, you will know when you are in your winter because everything will come to a standstill and you will feel as though everything is going slowly and nothing seems to be happening and everything will seem to be very bleak as though there is no much colour around you. And this is the time when you need to go inside youself and discover all those things that for the other seasons you have been too busy to take notice of.

This is the season of introspection. The season of going inside and looking at youself, facing your fears, facing your iniquities. Talking to Oneness asking Oneness assistance to work through these things, to come to some place of peace within youself.

As you do this, as in the seasons, the seeds that are deep within the soil outside - when the sun comes and warms the earth once more and the snows begin to melt down into the frozen earth and begin to moisten those seeds that are down in the earth so they begin to sprout and to grow, to put down their roots, to throw up their shoots to come through the soil, to look up to find the light. So the seeds within you that have been sown in the previous summer and autumn will start to blossom and grow.

And you will then come into the season of your springtime. And as happens in the spring time it is a time of rebirth, renewal, new beginnings. It is still a slowish time, there are times of this spring when things will seem to happen very rapidly and other times when you look and you wonder how long is this going to take. So there is a transition between winter and summer, and this is the spring time.

This is your time to come to terms with the new growth within you, to learn how it is going to grow, how it is going to form, to see if you have done your work well, to see whether the plant shoots straight or whether it has some little deformity in it, you know. And this is how you do this thing, this is more than patience. Patience is only an extension, a consciousness of this internal happenings, you know.

And so you come from spring into summer. And in the summer everything is blossoming and beautiful and all the trees come to fruit and so on and so forth. And then you come to the autumn and in the autumn all the fruits begin to fall and all the seeds begin to fall, you know. So in the autumn you gather all the things to you in preparation for your next winter that will come - there is no doubt about it because it will come - because it always comes. Because it is the cycle of life, it is the way of life and this is how everything is affected by nature. You will find when you are ready you will learn to look at the cycles that you are in.

### **The Cycles of Life**

Now your cycles will not necessarily coincide with the physical cycles that are happening on your planet. It may have been that you are in the cycle of your winter time on the physicality now, however you may be in the springtime of your spiritual and the emotional self at this time, do you understand.

Yes...

**Songee:** Learn to discern where you are at in this of your cycles, because this is also truth I give you, you can apply it to all aspects of your life. When you find that you are coming into the winter of your life and you know the winter is coming, you know that you must be in the autumn of your life, is that right. So you gather everything up to you, you're going to need, to assist you with the next part that is coming - the part of introspection.

You need to know that you are going to be safe and warm and nurtured while you do this work. And this is where other peoples need to be patient with you because you will seem to withdraw from them, you will seem to withdraw within yourself.

Now these cycles can be of any duration, they can be for some minutes of your day, they can be for some hours of your day, they can be for whole days, they can be for several days and it can be for many moons. And you need to know where you are. And sometimes you may spend longer in one of your seasons and shorter in another. So don't imagine that supposing you have three moons in the winter you're going to have three moons in the spring and three moons in the summer and so on and so forth. That does not mean that this is going to be. It is often very uneven, it depends on where you are in your development, you know.

Sometimes you need to go into your own winter in order to give yourself a little bit of a rest from the demands because as Little Mother discovered when you have many demands going on around and about you, you can use them to procrastinate and not go inside and look at what it is you need to do. So sometimes you have to generate a little winter for yourself, is that right?

*Because we might be in summer and live like we are in winter.*

**Songee:** And how do you imagine you are going to do that?

*(Laughter)*

*With procrastination.*

**Songee:** You cannot do that, that is not a possibility, that would go against the 'flow' of the truth I've given you. That would make nonsense of it, and the truth is not nonsense. You could not indeed do that. You can do it for fun in your mind as to make laugh, however indeed you would not be able to manage it. And you are serious about it you will know and you will make for yourself a time of being in the winter and you will prepare yourself for that time so that you can go away and do this thing.

Oh, I'm thanking you that is very, very interesting thank you very much.<sup>2</sup> I have, I have umm, I have here one who says that you go on a vacation, is that right? You set aside the time to take yourself away from all the demands of your life and you go for this vacation. What is vacation?

*Holiday.*

**Songee:** Holiday. Holy day? I like Holy day. Holy day is good day, holy day is always good day.

*It's supposed to be something that you not, not usually doing.*

**Songee:** That sounds like holy day, everybody on this planet is not very good at holy day, is that right, sometimes. I'm very, I'm making funny for you.

### **Vacation**

So holy day – vacation. Mayhap we say vacation, holy day could become very confusing and people do not need to have this conflict, is that right. So Vacation.

You make for yourself - I'm going to stop doing all of these running around things and I'm going to go away and I'm going to have some peace and quiet. Hoo yes haha, that's very good, that's big joke, is that right? Big joke! First thing you do when you go for your vacation is you worry about all the things you've left behind. Is that right?

*(Much laughter)*

So it's big joke you worry about all those things that you left behind - did I do this, did I finish that, have I done that, did I make arrangement for this, have this gone right. Oh my goodness I forgot to do that, I wonder would I make for this and - and do this and do that. And then one day you wake up and you stretch yourself and you say to yourself, Ahh I don't have to worry about any of that anymore it's all gone, it's all behind I.

And then you sit there and you say, what am I going to do now, I have nothing to worry about, I've got nothing to do. Mayhap I'll do this, no mayhap I'll do that, no mayhap I'll do something else, I don't know what I'm going to do, what am I going to do!

And this is how it goes all the time you're wondering what am I going to do. Until in the end you get fed up with yourself. You say, Oh for goodness sake come along let us go and do one thing. And you get up and you start to walk about, and explore and there are all these other people all doing the same thing, in the same place. And you've all done the same thing. You've all come away to this place and you've all been worrying about what you left behind and you've all reached the day when you woke up like this.

Now mayhap you and one or two others have woken up on this day doing this, however there's some other people there that woke up like that 2-3 days before you, so they've got past that now and they're doing what they came to do. And they're lying there and they're looking up at the sunshine and they're wondering to themselves, will I go and eat, will I go and do this, will I go and do that. I don't want to move. You know. And while they're lying there although they are lying still and seeming to be doing nothing, inside, inside there is something happening.

All the things that they have been closed down to, that they have shut away, that they have put away from themselves starting to come up to the surface now, starting to bubble up so they can't ignore it, they can't push it away, because they don't have the same distractions around them. There are still some distractions and they can use those from time to time however in between they have to face the seeds that are beginning to bubble up, that are waiting for the spring time to come.

And at the end of this vacation the peoples go back to their workings and they go back and they feel different. They say they feel 'rested' is that right? What has really happened is that they have looked at some part of themself, found some part of themself that they need to draw strength from. Rediscovered it, put it back where it is meant to be, reinstated it back in their being. They have restored their Soul back to its rightful position in their body and in their life, without seeming to do this thing.

This is what happens, the soul is restored to its previous place of honour in the body before it became subjugated, pushed down, squashed by all the manner of things that have happened in the life. So they come back to the world feeling rested, they come back into the spring time where all the new seeds of growth happening. And this is a very special time and all of you remember this because when you come back from your place of rest, your place of winter time, even though you may be sitting in the bright hot sunshine it is still your winter time, and you come back into the spring.

Now when seeds are growing and the shoots are new how do you treat them?

*You need to nurture them and water them.*

**Songee:** That's right, and what do you do when you come back from your vacation with your new seeds?

*Smother them to death with all the work that you do.*

**Songee:** Exactly you do that all over again and you squash them back down inside.

Now I'm going to show you how not to do this anymore because this is part of how you grow. When you come back you revisit in your mind and your heart all those beautiful experiences of your place of winter. You revisit all the learning all the things that you have discovered and share them with someone. Tell somebody that will understand and who will assist you in nurturing that new plant of your seed that you have brought back. Don't keep it to youself, ask them to help you to nurture it.

Say, Look I have learned this thing will you help I with this over the next days to come. I want to be this kind of person now. I want to do this in this way now. Can you help I.

It may be that this one can only help you by saying to you, Well done you have done well and how are you doing with this, are you nurturing this, how is this for you this day. And that is enough because that is like the warm rains coming and watering the soil so it doesn't get dried out, so that the plant can continue to grow and be nourished you know. So do that for each other. Be there, don't make comments.

*(someone sneezed)*

**Songee:** Ohhh

*Excuse me. (Someone else leaves the room)*

*I'm still listening to what you are saying to them.*

**Songee:** So you can do this for each other, give each other assistance with this, you know. Don't hold back, don't make criticism, don't offer to 'fix it' in the event that mayhap the person hasn't quite got it right one day. It doesn't matter only be there and say, Oh my goodness that must feel terrible. Are you going to be able to get it back tomorrow? And the person may say, I will be alright tomorrow, I will be able to get it back tomorrow, I just have lost it today, I know it's there however I can't see it at the moment, I can't feel it however I know it's there.

*Are you alright? Oh Oh come, come this way.*

*(The person had lost their way to the toilet.)*

**Songee:** You're having many bothers this night...

*Sorry about this.*

**Songee:** ...this is the way of humankind to have bothers and one bother and another bother. And such is life, it makes it very exciting does it not. Does it not Little Mother?

*What's that?*

**Songee:** The different bothers make life very exciting.

*Well this is what happens all day in my life.*

*(laughter)*

**Songee:** This is how it is you need to go for your vacation...

*Yes I did go for a vacation.*

**Songee:** ...and then you come back with your little seeds and your little plants and you then you must not squash them, is that right.

I believe we have to watch your time.

*Well it's, 45 minutes to go.*

**Songee:** Ohh you are doing very well.

So what else besides this patience, what is it - the patience of a saint.

### **Waiting**

*I often wonder about the word waiting. How sort of futile the word waiting sounds. People seem to consider that when they're waiting, I know I used to consider when I was waiting for something that was as though I was in a big vacuum just 'waiting' for it to happen when that time was so precious and it could be used in so many different ways even though there was a time when you were held there because you knew something else was going to come along and happen.*

**Songee:** That is what I've been speaking of now is that you have this time when you seem to be waiting, it's not a waiting it is a time of winter. So you are as you call it 'waiting' however in some situations - let me find you another picture to draw for you.

Umm I give you this one, in the battle of life sometimes the army needs to withdraw and to 'wait' for a more auspicious time to come forward to do battle, you know. However the waiting is not done in passivity, it's done with activity. So you wait with activity, you plan, you prepare, you arrange your life, you make strategies for your next battle that you're going to go into, you know. And in this way you are utilising all the time that you have in a constructive manner.

*That's right.*

**Songee:** So you can wait with passivity which is waiting without construction or you can wait with activity and that means that you are doing things all the time.

*Or just contemplation.*

**Songee:** It is all the same thing - it's running on the spot, (*laughter*) you know. You not running up the hill, down the hill, round the hill, running on the spot but you're still doing something, you know.

However there is a very important thing to remember. Not very many people can wait with great success. Most peoples run out of energy when they are waiting. They get tired, you're tired of waiting, may be irritated because they have used up all their energy too fast. They believe that by waiting it means it's not going to be for very long so they can run you know like this. They don't realise that running on the spot can be just doing this, you know. Pace yourself one step at the time. And although it may seem like a long time - earth time - remember it is no time in spirit. And the moment of action will come, it always comes in the battle of life, it always comes the action always comes.

How many times have you heard Organism say, Oneness, Spirit say wait.

*Yes I have heard that.*

#### **Now**

**Songee:** You know, wait, and then very suddenly one of your day - 'NOW' One word – 'Now' and everything starts to happen, you know. Is that right?

*(Everyone agrees)*

**Songee:** Because this is all you need two words Wait – Now. Because the Now is a time signals the action, signals for you to move, to take action, to move out of your place of waiting and to move forward. Patience is the concept around the waiting, you know.

Many times people will say to other people, My goodness you are very patient, you managed to wait and do and wait and do and you are so patient. I don't know how I could be so patient as you, you know.

What is it one people has the another people does not have to do this thing, what mayhap is it they do?

*Gratefulness for what they have, from the life they have.*

**Songee:** Would it be more simple than that?

*Do they just become still and become silent?*

*They know how to use their energy.*

#### **Listen**

**Songee:** That is true, that's right that is right. They learn how to listen. They learn how to listen...

*Just Listen, in to anything.*

**Songee:** ...to listen, to anything, everything. They listen to what is being sayed, to a listen to anything and they watch. If they have no eye they will listen harder, you know, they will take notice of everything and they don't speak, they wait, wait.

And then when those around have finish speaking and finish doing, then they would hear a word that would say 'Now'. And the first thing that happens, is very very simple, they go (*take a big breath*) and then they open their mouth and they speak. And when they speak things start to happen. Then the one that has been speaking starts to listen, starts to hear what is being sayed and starts to find something within themselves. And they interpret the silence, they interpret the listening as patience. Thank you for being patient with I - is what is often heard to be sayed - thank you for your patience, thank you for listening,

thank you for caring enough to do that. So you have caring in there, love again, patience is another form of love, is it not. Is that right? Do you find that is true?

Yes.

*It's true.*

### **Patience is another form of love**

**Songee:** Patience is another form of love. It may be that somebody is going on and on and on and on and on and you sit and you go, *(deep breath)*, Oneness please give I patience. And Oneness says, Oh my child I will give you patience and more.

*Especially when you feel it forty times before...*

**Songee:** Exactly.

*...and no change is taking place.*

**Songee:** That's right. However how many times does Oneness listen to all the things that you say and send the speakings up and hears the same story told in different words over and over again. And Oneness does the same thing and takes deep breath only Oneness can't ask another Oneness for the patience. Oneness has to do it all by themself, you know.

*(Laughter)*

**Songee:** So this is your little funny for this. You can imagine Oneness sitting there, lying perhaps on the clouds like this and looking at you and saying, Oh my goodness how am I going to find more patience for this one, you know. *(laughter)* So is big, is big funny for you to have.

And Oneness 'is' love. The Mother Father is love. You have Father God, you have Mother Holy Breath, you have the Son, is that right. So you have 'all together' is love, is unity. And this Energy, this Power, this Light it is inside all of you and you have it, as much of it as you need for your every day of your life. You have only to look for it, ask to be put in touch with it when you lose sight of it and it is there for you, is that right. You need to do this thing. So patience, waiting...

*Sometimes the Now doesn't come.*

**Songee:** The now? The now always do come, you have to be awake to hear it, you know.

*I mean when you're thinking and planning, you know, turn silent and you are planning to do certain things and when you are there and you should be able to start doing those you delay them you just don't start.*

**Songee:** Oh... We have lots of lessons there in this wordings you using. I'm going to give you some lessons around this. First of all you saying 'should'. Should is like a big stick, beating youself up - you should do this you should do that you should do this and so on and so forth. It is 'you' using a big stick on yourself driving yourself forward to go and achieve something, you know.

And it may be that the time is not right, the Now has not yet arrived. You are attempting to make it happen before it is ready to be. This is where the waiting and your patience comes into power. This is where you have to go back to Oneness and say, Oneness I have all these great plans, I have all these great ideas, I want to make these work.

## To glorify Oneness

However, I am now going to say to you - who do you want these to work for, whose glorification do you want them to work for? Ask yourself this question - you don't have to answer I - because the answer's very simple, you need to do all for the glorification of Oneness not for yourself, not for your family, not for anybody. Your family and everybody around you 'are' the glorification of Oneness, is that right.

Yes.

**Songee:** So when you do anything you say, Oneness I do this for you. I don't know am I doing it right, so please would you show I how to do it right. I will make these steps and the best way that I know how with the materials that I have at my disposal now in this life. I don't know if it's right only you know if it is right, so I'm going to give it to you for your glorification. In the event it is right perhaps you will allow it to happen, perhaps you will say Now and make it be.

And then you wait. You keep doing what you're doing patiently, patiently, patiently. So we have waiting and we have patient, you know. Waiting and being patient, and doing, this is the walking on the spot business, you know. And you come to the point where it may be that Oneness will give you your answer within one day of you asking it.

It may be that you don't get any answer at all. In the event you don't get any answer, common sense would say to you Oneness doesn't want I to do this just yet, however we will keep going. I will use the same things mayhap I need to find other things I can do, you know. And you keep going and you keep moving.

And then you say to Oneness, Well I've been keeping going, I've been keeping moving, I'm still doing all these manner of things, I don't seem to have found the right answer would you be perhaps be able to put the answer in front of I. And then may happen Oneness will put it in front of you so that you can pick it up and start doing whatever it is.

But it is got to come from the heart not from the mind. You cannot say with your mind, Oneness I want to glorify you, and in your heart say to yourself if I glorify the Oneness then I will get what I want. You can't do that, Oneness knows, Oneness reads the heart, you know. You have to be able to glorify Oneness and not care whether the Now comes or not. It isn't important. The Now will come when Oneness wants for you to have the Now and when it comes from the heart that you do this for glory of Oneness. And this is doing the Glory of Oneness that will cause no hurt or harm to others, you know. Oneness does not decree that you will do hurt or harm to anything or anybody else, you know.

Coming back to that same thing at the beginning as we speaking at the beginning. There was something else, it is to do... (*Long Silence*) Ah...

*(end of tape)*

## PART THREE

### The Chosen Path

**Songee:** So it may be that this individual becomes very enamoured and falls in love with the idea of getting the coin of life very quickly and hits upon the idea of putting the money into that thing that you have calling 'chance', is this right? I've this right, so they make for the Game of Chance and they lose, so they do it again and again and again and again until they destroy themselves and their family.

Yeah this is right?

Yes.

**Songee:** Now, Oneness does not step in and stop this from happening - how is that? Because sometimes Oneness has the wisdom to know that this Soul has a lesson to learn, a lesson of great importance. And those around the family have a lesson of great importance to learn also. To continue to love this one even though they are causing great destruction is not an easy thing, however the loving must continue, the acceptance of the behaviour does not. So what happens is, the family come together and say to the one, No more, you do this no more, for now you are upon your own self, you will need to make for yourself your own life, your own way in this world because this family is going to close its doors to you until you learn.

Until the family does this thing and closes the doors this one is not going to learn anything. They have to sometimes - the Soul, has to lose everything before they will turn at last to Oneness, and say, Oneness here am I, I am lost, I need you, I need you to come and make this right. You know.

*Mmm*

**Songee:** Sometimes the Soul is rebellious and runs away from Oneness and does not want to be with Oneness. Many times the souls run away from Oneness, they are frightened that if they commit to Oneness that they will have responsibility. So they have to find their own way and the only way to do it sometimes is to lose it all. They have to keep making mistake over and over again until they really lose it all together and then they have the opportunity to turn to Oneness.

Now those around, you can close the doors, and you can say, When you ask Oneness for your help, then the doors can open to you once more. When it comes from your heart to Oneness we will know because Oneness will tell us, 'Now'. Do you understand?

*Yes. This is a good lesson.*

**Songee:** So it means that you are not – you closing down but you not rejecting the person only the behaviour and then you are saying, We will not have you do this to us anymore. This is not good behaviour to us, this is not showing love to us, and it is not showing love to yourself, and it is not showing honour and love to Oneness that you do this to yourself. And in the event that the Soul recognises the connection between themselves and Oneness that they will go and seek, eventually, will go and seek Oneness.

Sometimes not by the happiest way however it is the way that they have to do it because that is the path they have set for themselves. And those in the family have come to assist the Soul in that journey. And later on when realisation comes and insight, when the light is shining, the Soul can then say, Thank you my family for helping I through this difficult part of the journey, thank you for saying no to I, thank you for not enabling I to continue in this way. That day will come eventually, not necessarily at that point, eventually it will come. You know.

### **Guilty**

*In respect to patience I sometimes feel guilty of not doing enough.*

**Songee:** Oh I like that word. (*Songee is laughing*)

*Mmm I know.*

**Songee:** I do like that word, it's a beautiful word. I like it when you feel guilty, because it shows that you have a conscience. It shows that you are feeling that you haven't done all that 'you' are aware you are capable of for Oneness. It demonstrates to I that when you using that word that you are aware on some level in your being that you would like to do that. So it demonstrates two things, one - remorse which we had said before, and the other one - the promise of 'redemption'. Oh this is wonderful, is it

not. Do you not like this word guilty? I am guilty of this crime. I am so guilty of this crime, is that right. I seek 'redemption' - redeem I. How can I be redeemed in your eyes?

*Mmm...*

**Songee:** 'Out of the depths I cry to thee my Lord'. Is that right, you know that one. 'Out of the depths I cry to thee, O Lord hear my prayer.' Yes, is that right.

*Mmm...*

**Songee:** So what is your prayer, you feel guilty, what is your prayer to Oneness?

*Help, help...*

**Songee:** Take a breath.

*To live my life more meaningfully, to contribute to Oneness by serving others although I feel I might be lacking discipline to progress faster on that way.*

**Songee:** So what have we here? We have a desire to serve...

*Oneness.*

**Songee:** Oneness - very good, and how do we want to desire to serve Oneness? By?

*By recognising the guidance and following the needs, and trust to the little voice that would say 'now' or 'stop' or 'wait'. I'm actually just looking for that, although sometimes I do have my ideas which I would like to have much of them.*

**Songee:** Let us go back a little. So the process begins with the feeling of being guilty about not seeming to achieve enough on behalf of Oneness.

*Hmm...*

### **Redemption**

**Songee:** Lord I need your help, I need you to redeem I.

Where is the Book of Words? We need to have the Book of Words very important we're going to do this lesson in different way now.

*I believe it may be on her bed, I'll have a look.*

**Songee:** Ohh, no the Book of Words you want this for all the big wordings. That's the big wordings that you need...

*This one here. (The Dictionary)*

**Songee:** ...that's the one. Finding this wording 'redemption'. Oh I like this, this is good. It gets into what it is you need to achieve for youself. Redemption how many times when you hearing this word?

*Not very often.*

**Songee:** How to redeem yourself. What is the word mean, what does redemption mean?

*Ok.*

*To regenerate yourself.*

*Shall I read?*

**Songee:** Read...

*The act or an instance of redeeming, the process of being redeemed, man's deliverance from sin and damnation. A thing that redeems. Yeah...*

**Songee:** So in order to redeem is to gather back to youself, is that right? Supposing you need to redeem the coin of life from somebody, what are you doing? You say give it back, it's not yours, give it back, you owe it back here, is that right.

*So...*

**Songee:** You are saying to Oneness, Oneness call me back, call me back to Youself. I am a Child of the Universe I have made mistakes, I have made the 'sin' as you call it, the sin. I am not pure anymore. I would like to be one with you once more. Redeem I if you would. Bring I back to you. Father Mother hear I prayer, redeem I, you know.

So you have in the guilty is a cry for redemption, a cry to Oneness, Please Oneness I wish to be redeemed. Yeah is that right? I wish to be redeemed please. And that is a cry from the heart, not from the head. When you make a cry to Oneness it must always come from the heart. You cannot do it from the head.

Guilt is a feeling, it is not in your head.

This is how I say I am so pleased to hear this wording because it coming from your heart and not from your head, you know. So that is a very big step you have made, wonderful. So now you know one of the first steps is redemption - you feel the guilt and then you have a prayer for redemption. And then when you are redeemed what happens, you sit up there next to Oneness on the cloud like this and you twiddle your thumbs! No you don't do that, that's not what happens...

*Oh what a shame.*

*(Laughter)*

**Songee:** This is the time when you then will find Oneness will say, Very good my child 'now' you can take action. Is that right? So...

*So you're reborn?*

**Songee:** That's right, you have a rebirth for youself so you come into your spring time is that right. Spring is rebirth, it is growth, it is new things. Little lambs running around with their little tails running you know how it is. It is spring time so you are reborn in the Light of Oneness once more. You are made pure.

Now there are no limits to how many times you fall and how many times you are made pure, you know. Don't imagine because you are made pure you are going to stay pure forever in the whole of your life, that's not humanly possible unless you are Saint. I don't know anybody living on the earth that is Saint, everybody's Saint, you know. Were that so there would be no killing of each other, there would be no wars and everybody would love each other and you would be living in the Garden of Eden. Is that right. So you are not Saints, you are Souls that are striving to become Saints and not quite making it, you know.

*That's understood. (smile)*

**Songee:** So you become redeemed you become reborn and for a while you will do the bidding of Oneness. You will find that your 'Fall from Grace', each time you redeem yourself will become less. You will not 'fall from grace' so quickly the next time or the next time and so on until you get it right and by that time you're ready to leave this earth and go back Home anyway. So it doesn't matter anymore for this time and then you'd come back and you do it again, only next time you might be better person to begin with, you know. *(smile)*

### **Falling from Grace**

However the 'Fall from Grace' is not forever. No Soul needs to 'fall from grace' forever not even the worst person that you can imagine needs to 'fall from grace' forever. All Souls, all Souls have an opportunity at some point to be redeemed, and that includes anybody even those you may consider to be monsters in this life, the most disgusting and perverted of monsters. They have, their souls also at some point, have an opportunity to be redeemed. That is not for you to say when it is only for Oneness to know when, you understand.

You resist them, while they are monsters they are being whispered by the Lord of Chaos you resist them, you hold them away. You hold them at bay, you say no to them. You say no to the Lord of Chaos, you say get away, until Oneness is ready for them to be redeemed. You don't decide, they don't decide initially, Oneness will know when it is time, you know.

That's a special thing about Oneness, Oneness knows everything. You don't. Oneness knows everything.

All that you have to do is to pass on to everybody that you meet, the truths that you learn the truths that you hear and the truths that you know will bring about the fostering of the Light, the fostering of Oneness, the following in the footsteps of love that Jesús gave you. To teach this, to pass it on, to give it to as many people as you can. This is your task.

The task of Songee is only to bring you this, to give you the heart to continue when you are feeling tired and wondering, Do I have to do this for much longer Oneness, I'm very tired you know. You know, this is how it is. I am only a Voice of Truth to bring the truth to the people nothing more.

*Thank you Songee.*

*Thank you.*

**Songee:** So continue being redeemed, is that right.

Now, what else?

*I've got a short question...*

**Songee:** Doesn't mean it has a short answer.

**What is the Truth** - Continues

*I went to teachings of one that called himself enlightened Maitreja Ishwara um I just wanted to know how truthful and how much truth comes from him.*

**Songee:** I have already given you the answer to this this night, have I not?

*Mmm?*

**Songee:** I have given you the answer already to this. I have already looked into your minds and your heart and I have answered as many of the questions that you have had inside of you waiting for answers. Some of them are not answered this night they will be answered another time but that question has been answered. What is truth?

*What you can apply to your everyday life and test it and it works for you always.*

**Songee:** It stands the test of time.

Yes.

**Songee:** So you apply it and see and it works and the event it does not work and it is not 'A Truth', it may be truth for that moment, it may be human truth which is mutable however it is not 'A Truth' of 'Oneness Truth'.

So there are many people around your planet who are bringing Oneness Truth, in many different ways they will bring Oneness truth, however be very careful because sometimes the Oneness Truth is wrapped up in the ego-self of the human truth, be very careful. And this is where your gift of discernment comes in, this is how it is I give you this all the time I give this message - the truth will stand the test of time, it will be the same in moon's past and now and in moons to come, you know.

You can apply that truth to something you know of history and imagine the same situation now and apply it and it will be true. And the same in imaginary time to come and it will remain true. You can apply it to all the little things of your life. It is like - it is like the builders plumb line you know it shows you what is straight and true, what is standing upright, you know.

*Thank you.*

**Songee:** Is that right. Is there not something in that other book of words (The Bible) that says about the plumb line the story, is there not a story about the plumb line?

*Is this what you call a fulcrum sometimes isn't it?*

**Songee:** Oh the fulcrum is something different, no that is different. The plumb line is the thing that the builder use to make certain that the wall is standing straight.

*We use it to measure the straightness of a person standing.*

*What about the straightness of the stone?*

**Songee:** This is how you use this 'Truth' that I give you.

*Are you talking about the plumb line - is there a story in the bible about the plumb line?*

**Songee:** That's right. I am also saying that the Truth of Oneness is as the plumb line. It gives you that which is standing true.

*I felt something and my question was directed, that's all.*

**Songee:** Learn, learn to discern one thing from the other - sift it out.

*OK.*

**Songee:** Don't dismiss others as not being honest because many come to bring the wordings with goodness in their heart.

So...

### **The Truth of the Bible**

*Songee how much of the Bible is the truth because I've been reading the Bible lately?*

**Songee:** The Bible that you read, as you call it, is a book of history. It is a story of events that have taken place in the lives of many peoples in a nation. It is a story of a Nation and the Nations, and so there is truth in it however remember that all historians were right from their own perspective, always. Also remember that things that have been written have been written in a language that will explain certain events that take place in a manner that the people can best understand them.

Also remember that I have also given you information that not all the books are in your Bible. Some of your books are missing, they have been withheld and kept from you.

*Hmm...*

*But is the Bible not made of two basic books which would be perhaps from God that being the first testament which is really the Torah and the second testament which is the gospel.*

**Songee:** That is right. However within those testaments there are books, you know, each one you have different stories of different peoples, chronicles and so on and so forth, and in those, in those books that make up the one book there are some that are missing. Ah moment please.

Ah word that you would perhaps understand better – chapters, the chapters some of them are missing. I call them books because they were written by different people so were books in themselves and have not been included in this. Remember that when this book was put together it was put together by humankind that had a desire to dominate...

Yes.

**Songee:** ...you know, so they made it in such a way that only what they wanted to teach the people would be available to them, you understand.

Remember too that in times past that only certain peoples were able to do the scribings and to be able to read the scribings, so the people were at the mercy of those that could do scribings and could read scribings. This is true of all information of any nature. In this way is power, power of the earth, carnal power over the people. It is a good way to keep people doing what you want them to do in a way that you want them to do it.

What happens then is when people learn to do the scribings and to read for themselves they start to ask questions. Terrible thing this thing when people start to ask questions because then they want answers, you know, and then the power shifts. It shifts from those that have been in power, it shifts a little bit to the people, the people want to know the answer.

So they then want to know if this is really the truth and I have to do this thing and they say this word and I have to say it because this is a word they say - if this is so then 'why' does this Oneness allow all these dreadful things to happen and so on and so forth. This is one of the first questions they start to ask, and those that are in power don't have a correct answer so they make one up. And they say it is written so that Oneness says that all this is going to happen, Oneness wants all this to happen.

Nonsense Oneness does not want destruction. Oneness does not want to hurt and harm, it is not the direction of Oneness that this comes. It is from the Lord of Chaos that the destruction comes.

However in the old stories there are lessons, there are lessons - in the event that you go against Oneness you will be punish-ed, is that right. You don't do this right you get your hand smack.

Now at that time of evolution on the planet, humankind were needing to have a stern father, you know, to give them a direction. And the stern father sayed, In the event you don't do this right I will have to make smack your hand, I will punish you. Is that right? However in the time of evolution as the people grew and came away from that then came the other which was the Jesús that you know, who come to teach you 'love'. Not to take the eye but to give 'love' instead, is that right.

*Uhmm...*

**Songee:** Now in the times after that there are peoples who want to govern other peoples, and they see the power in this scribings, so they take the scribings and they put them together in another book and then put it with the first book and say, This is the Word of Oneness, you must follow this exactly. What they don't tell you is that they haven't put all the books in there because there's lots of other people reading that they've, was written, - scribing down the books and put for them to go together. A lot of these books are hidden away, they are hidden away in the case and they have not been put out for you to read.

Each of the stories in the Book, both the old one and the new one, are told from the perspective of the teller, you know, not wrong not untruths, only from their perspective.

When you go from this place you could write a book about what happened this night. Your story of what happened this night would be different from what this one write and what this one write. Does not make anybody wrong, it is only that is all your perspective of this thing.

Now there are some, it may be that somebody would say, Let's put them all together in a book, but they leave that one they don't put her story in it. And the reason they don't put it in - I'm going to guess - mayhap they don't put it in because it doesn't fit in with everybody else's. Mayhap her perspective of what has happened is very different to yours. She was not here for all of this, she missed some of it so it's not valid we won't put it in. OHH big mistake because this one did not hear some of it because this one perhaps was not meant to hear some of it and so had to go to do something else. Do you understand? So it does not mean it's not valid, it means only that that one did not be party to it at that moment. So it needs to go in with everything else because it's still a perspective and out of the perspective comes a picture, you know.

So the truth - what is the truth of this book whether it be your Bible, your Koran or any other scribings of a faith, what is the truth.

You look at the whole, you read the whole and ask yourself what is the message of this whole. The chronicles of the first book - the chapters of the first book - what are the message of that first book? There's much in that book, it tells you how you came into being, it tells you about the many peoples that rule the nations of that time, it tells you about the families, it tells you about who did what to who, it tells you about the wars and through it all there is a thread of a truth and what is that truth? Oneness is the true power, Oneness is the mighty power that rules the nations - not one nation all the nations.

### **The Power of Oneness**

When the people wanted to come, 'the chosen people', wanted to come out of Egypt they could not leave, what was a reason after many, many, many, many, many generations of being subjugated by the Egyptians how come they couldn't leave this place? God had not said 'Now'. Is that right. God had not said Now. He had said Wait - march on the spot for generations, march on the spot.

They just about given up and then somebody comes along, God sent somebody along to take them out, away from this place. And what happens he can't get them out. What is the reason he can't get them

out, what is it say in the scribings, God made Pharaoh's heart hard. So you say to yourself, What was that? What did God do? God made the man's heart hard after generations of us attempting to come out of this place and sending a somebody 'A Saviour' to get us out - He goes and makes the man's heart hard! What was the point of that? The message is that Oneness is the Power. You want something to happen you have to trust in Oneness, you have to give it to Oneness and the lesson from that message and from all the other messages in that stories - is Oneness is the Power. When a 'hardened heart' became soft and was told the people may leave and then supposedly God hardened the heart again, so there they all are running like crazy wanting to get away, you know, and there they are being chased by everybody who want to kill them.

Is it Oneness that have hardened the heart? Is it Oneness who hardened the heart or is it the Lord of Chaos who have whisper in the ear the words of madness, the words of destruction, the words of disunity and disharmony, the words of greed, the words of domination, the words of aggression?

Is it Oneness who has done this thing? However it is Oneness Power that brings the people away, it is Oneness Power that brings to the people the knowledge that they are to move 'now'. In that moment Oneness managed to tell the people 'now' - out of the mouth of the Pharaoh was coming the words, You can go Now. Magic word 'Now'. You can go. So they went, they didn't wait, they went.

So this is it.

Now Oneness will use the power to smite down the enemies of Light, this is a truth, however Oneness does this by using the power of nature, not the powers of other people. Oneness does not pit one army against another, One uses the power of nature, do you understand?

Yes.

**Songee:** It is Oneness Power to bring extraordinary nature to bear, to change the course of man-kind. And in the story of the people escaping from their bondage is a story of extraordinary power being brought to bear to part the waters of the great sea, is it not. So here you have a demonstration of the Power of Oneness. Either you believe in that Power of Oneness or you don't. If you believe in it in that Book, in the old book, then you surely must believe it in the new book. You cannot believe it in one and not in the other, that is not how it is - you have to read the whole.

So the Power is in both, is it not, the Power of Oneness is supreme, for you to follow it, to acknowledge it, to say, Oneness I am your child, is that right? And in the new book you have the Power of Love which is equally able to move mountains and part the oceans and enable you to walk on water, is that right. The Power of Love calms the oceans, calms the seas, calms the air, and what is even more beautiful and more wondrous is that you are brought into the new book the knowledge that you as individuals have the right and the power to do these thing also in Oneness name.

How do I do that? When you go out with your family and you want to have your little vacation with your family and you have from the skies all the water falling, and you say this is the one day that I can go to enjoy with the family - you say, Oneness part the heavens and allow the sun to shine for a little while so the family and I can enjoy the sunshine. I know in my heart where it is I'm going, this is it. I have it envisioned in my mind and in my heart. Please be there with the sunshine.

And Oneness will be there with the sunshine, true. You give it to, you give it a practise, because this is true. You want to go to a place in your great city and you take your chariot and you don't know where you're going to put your chariot. Is that right? And you say, Oh my goodness, there's no where to put the chariot, no where to put the chariot...

So before you go you say, Oneness I'm going to the great place and I need to have a place to put the chariot, this is the place I'm going, this is where I need to put the chariot, please find I a place to put

the chariot. You get there, somebody goes like that and takes their chariot and you go like that and you put your chariot there. Is that right?

*(Laughter)*

**Songee:** Power of Oneness, very small example however it does come, it works. You put it, you allow it to come through you. You say, Oneness I'm your child, I want to do your bidding and I'm here to do your bidding however I need a little bit of help this day - please. Don't forget the please. Oneness does like the please.

So in all the stories of this 'great book' you have a truth. The truth of power and the truth of love and a mightiness of Oneness, is that right. And how 'you' can be a reflection of that mightiness in your life. That's how it is and that's how the story grows to where it is now.

*There is one...*

*Our time is, is well and truly gone.*

**Songee:** Ooh...

*Sorry.*

*That's alright, so for the next day.*

**Songee:** Would you like to hold your question until the next time we can meet together? Put it down as scribing, you can start your own book. The Book of Songee Gathering. Is that right? That's very good. Thank you, Little Mother.

*Roberta-Margaret needs to be up at five, half past five in the morning to go to work.*

**Songee:** So. I am going to now leave you with this, with all the things that you have learned this night and to leave you with the truths of all these things. Don't believe them simply because you have heard them come from this mouth and from the Energy of Songee, believe them because you apply them in your life and find them to be true. You understand.

This is not for you to follow blindly. It is for you to follow with knowledge, with insight, with the Light of Oneness shining for you, you understand.

So I leave you with the knowledge of all of this.

Be at peace

SO BE IT

*So be it*

**Songee:** So that you might sit and relax. You might like to make some soundings. And then I will leave you and let White Eagle come and prepare the way for the other to return.

What soundings? The one about the Angels would be very nice. Then you can all sing with the Angels. Is that right?

I will leave you now.

*OK.*

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*The Music played was from the CD 'Atlantis Angelis' by Patrick Bernhardt. The Second Well Trust does not have permission to play more than 1 minute of Patrick Berhard's music on our website however Patrick's music can be found at this link:*

<https://soundcloud.com/patrick-bernard/atlantis-angelis>

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**Notes**

1. Jesus – When we spoke to Songee about Her pronunciation of this name She replied: "That is correct, however the Ja is Jesus, Jesus, say Hay Jesus. So it is... matters not, same difference. It is as saying Michael (*Mic-hale*) is Michael same spelling Michael is the same spelling for you. Peoples from the part of the planet that have these speakings (*Spanish, Latin American, Italian*) will know the wording and recognise it. It is for them to be able to make a connection with the Energy of Oneness and Songee Energy also, is to hear something of their own speakings so they will open their mind and their heart and it is good for them to have this in their teach."

Teaching 'Miracle Makers' – The Correct Spelling of Jesus Name, at this link:

[https://songee.co.nz/earth3\\_miracle\\_makers.php#spelling.php](https://songee.co.nz/earth3_miracle_makers.php#spelling.php)

2. It would appear that Songee has been given information from Her spirit helpers.

3. 'Fall from Grace' - this expression originated from how in the Time of Chaos, a war between the Dark Angel and Oneness, when the Souls fell from the One. Many Souls fell into the Dark and many Souls fell into the Light. The continuing work the Souls of Light is to guide those that fell into the Dark back into the Light so we may be One again.

However in this instance the expression 'when we fall from grace' is being used to express that we have lost our way, not necessarily fallen to the Dark.

Teaching 'Miracle Makers' - Bringing the Souls back from the Guph, at this link:

[https://songee.co.nz/earth3\\_miracle\\_makers.php#bring.php](https://songee.co.nz/earth3_miracle_makers.php#bring.php)

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*Reference Number: 20030610*

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Email address: [contact@songee.co.nz](mailto:contact@songee.co.nz)

Website: [www.songee.co.nz](http://www.songee.co.nz)

Channelled by Full Trance Channel: Roberta-Margaret Wiggins

Transcribed June 2025/CMH/NM

These words come from Oneness, of Songee to the people of the Earth, for teaching, for people to learn, to grow, to come into the Light. And you desire to tell You friends all about this word, please do so. Please show them the word of Songee. Let them see the word. It may be that you need to copy it or to take a copy to gift to them. SONGEE

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