



## Spirit Laws

THE SECOND WELL TRUST presents 'Spirit Laws'  
A Teaching from Songee, early 1995

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*This teaching is published in 'The Facets of the Diamond'.*

*One evening during Circle Songee came into the Channel to discuss with the pupils certain aspects of the Healing Force. When she had finished she asked if there were more questions.*

*Is there anything else that we could bring into Thursday's Circle for the beginners which would be helpful?*

**Songee:** You have to practice more of what you are doing on Monday night also on Thursday night. It is essential that for the synthesising to practice these things. Do not leave them behind and do all the lesser work. You must get your hands dirty too.

You are learning cases of the diseases and cases you are talking about in this work. I say 'in this work' not in just a particular line. It is that only more of the diseases that you have are not new, they have been known for a long time. It has been born of Genetic Engineering but it was important that without genetic engineering you would not have been the human as you are now and the Soul of those who wish to come would not have the playground that they now have. I say playground for it is play, as a child learns as it plays, so does the Soul the true life is in Spirit.

That does not mean that everybody must try to get back immediately, it is not permitted. You must finish your time that you have given yourself. They also wish to discontinue their lives of their own free will according to man's laws may do so if they wish.

#### **Cosmic Law**

According to the Spirit Laws you have a choice of doing it or not. According to the Cosmic Law and the Universal Knowledge they do not have a choice, it is not permitted. So if they choose to do it they have broken the Law. They must receive the penalty for such. It is one they set for themselves, not those in Spirit set it.

For when they return they find out that they have broken the law and because they are essentially a Spiritual Being and because the Spiritual Life is the True Life they must honour it if they wish to remain in the Oneness. So they must return to do penance and continue and after they have chosen full grown.

The suicide, the one who takes his own life always, always make penance in the next life to come. It is not held over and given several lives, it must be done immediately. It does not govern how soon the Soul returns only they must add on the time that they did not finish and the lessons that they failed to learn in that previous life. It must be added on to this one so they have a more difficult life.

Sometimes the Soul will be born into the body of one who is diseased or deformed. I have told you it is sometimes because they have chosen. That it is Destiny that they have this body sometimes it is not it is Karma, the Payment of the Soul. Not one payment as of one Soul to another for all Souls are one in Spirit. In a way it is repayment to the Law to the Cosmic Law. To the Law of the Oneness to the Universal Knowledge. It is a redressing a balancing of energy that is required. The understanding of the Karmic Law is not wrong on the earth plane it is only incomplete. As a Facet of the Diamond it is neither right or wrong.

I go now

I LEAVE YOU WITH THE POWER

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*Reference Number: 19950101facets*

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